

# Building confidence and resilience in children



**NESSie**



Supporting Positive Mental  
Health in Schools

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**DSPL** | Delivering Special  
Provision Locally

*Achieving quality outcomes*

DSPL 1 North Herts (Baldock, Hitchin,  
Letchworth, Royston)

## OVERVIEW

**A remote parent forum to help parents support their children at home and returning to school.**

Getting the right help to you and your child.

This online forum is designed to help parents support their children whilst at home and transitioning back to school.

The aim of the session is to help develop a better understanding of feelings and the ways in which we can support children develop confidence and resilience. This training would be suitable for parents up to age 13.

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## DATE & VENUE

Thursday 11<sup>th</sup> June 2020

2pm to 3pm

Online (details of how to join will be sent to those who register)

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This event is free to attend for parents/carers within North Herts

**TO BOOK A PLACE PLEASE REGISTER:**

<https://nessieined.com/events/building-confidence-and-resilience-in-children/>